Iridoid Glucosides from *Phlomis tuberosa* L. and *Phlomis herba-ventis* L.

Kalina Iv. Alipieva^a, Soren R. Jensen^b, Henrik Franzyk^b, Nedjalka V. Handjieva^{a*} and Ljuba N. Evstatieva^c

^a Institute of Organic Chemistry with Centre of Phytochemistry, Bulgarian Academy of Sciences, 1113 Sofia, Bulgaria. Fax: ++3592-700-225. E-mail: simpopov@org.chm.bas.bg b Department of Organic Chemistry, The Technical University of Denmark, DK-2800 Lyngby, Denmark

^c Institute of Botany, Bulgarian Academy of Sciences, 1113 Sofia, Bulgaria

* Author for correspondence and reprint requests

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A new iridoid glucoside, 5-desoxysesamoside, was isolated from *Phlomis tuberosa* L. (Lamiaceae) together with three known iridoid glucosides sesamoside, shanziside methyl ester and lamalbid. Lamiide was found in *P. herba-ventis* ssp. *pungens* in high concentrations.